



Farm to Table Cooperative Membership Sign-Up Form

The **Garden of Hope** invites you to become a member of its Farm to Table Cooperative program.

You've been sponsored to receive 20 weeks of weekly produce packages. This ensures that fresh, healthy food reaches the tables of those residing in neighborhoods across Newark.

Following the model of a Community Supported Agriculture (CSA) program, a system in which a farm operation is supported by shareholders within the community, individuals generally make an advance payment of \$550 to receive weekly fresh, locally grown produce packages, feeding 2 to 4 people for 20 weeks (June – October). This also comes with cooking demonstrations, nutrition fact sheets, conversation with the farmers, and so much more.

Thanks to a grant received in collaboration with Rutgers Institute for Corporate Social Innovation (RICSI), **your membership fee has been waived!**

Through our community gardens and farm partners we provide access to fresh, healthy food for residents. We adhere to the following guiding principle:

- To nurture the growth of organic, sustainable urban farms/gardens, using organic or heirloom seeds, which comply with the organic material review institute (OMRI) recommended list of fertilizers and the use of integrated pest management (IPM);

Produce Offered Spring

Spinach, Salad Mix, Head Lettuce, Sugar Snap Peas, Kale, Chard, Collards, Broccoli, Strawberries, Basil, Mint, Cilantro, Rosemary, Microgreens (beet, cabbage, flax, kale, lettuce, radish & Swiss chard)

Summer

Tomatoes (3 varieties), Squash (butternut), Eggplants, Sweet and Hot Peppers, Zucchini, Cucumber, Garlic, Onions, Watermelon, Cantaloupe, Okra, Green Beans, Microgreens (beet, cabbage, flax, kale, lettuce, radish & Swiss chard)

Fall

Potatoes, Pumpkin, Kale, Chard, Collards, Broccoli, Cabbage, Microgreens (beet, cabbage, flax, kale, lettuce, radish & Swiss chard)

Drop-off/Pickup Information

Weekly pickups are scheduled on Saturdays based on the arrangements made between the sponsoring organization (Newark Science and Sustainability, Inc.) and the organization/person receiving the sponsorship. Weekly produce packages will either be picked up from or leave from the Garden of Hope, 3-7 Fairmount Avenue, (corner of Central Avenue), Newark, NJ 07107.

Saturdays: 12p.m. - 2p.m.



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Any additional deliveries made outside of this weekly schedule would have to be discussed and approved.

The produce package usually offers 7 categories where you are offered one item from each category.

Example of weekly produce package:

1st Choice: Pick 1 Pint of Sugar Snap Peas, Pick 1 Bunch of Collards, Pick 1 Stalk of Broccoli

2nd Choice: Pick 1 Head of Lettuce or Salad Mix

3rd Choice: Pick 1 Garlic Bulb

4th Choice: Pick 1 Bunch of Swiss Chard or 1 Bunch of Spinach

5th Choice: Pick 1 Head of Cabbage or Pick 1 Bunch of Kale

6th Choice: Pick 2 Bunches of Herbs (Lemon Balm, Rosemary, Mint, Basil, Cilantro)

7th Choice: Pick 1 Pint of Berries

PLEASE COMPLETE THE INFORMATION BELOW

First Name:

Last Name:

Street Address:

City:

State:

Zip:

Home:

***Cell:**

Other:

***Email Address:**

**Account status notifications and weekly updates are sent via email and/or text.
This completed form is due no later than June 2, 2025.**

Any questions should be directed to Tobias A. Fox, Managing Director & Program Coordinator, at info@sasglocal.com or 862.244.3519.



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I understand that I am making a commitment to the Garden of Hope and recognize that there is no guarantee on the exact composition of the produce types that I may select from. Successful growing relies on the weather. I will share in the risks of the growing season with my farmer(s).

Signature: _____
Member

Date:

We understand that we are making a commitment to the members of this Farm to Table Cooperative and commit to farming with the highest attention to quality, social responsibility, and sustainability. Garden of Hope takes pride in the use of organic practices when it comes to the care and cultivation of herbs and produce.

Signature: *Tobias A. Fox*
Farmer

Date: 2025 Season