



NEWARK
SCIENCE AND SUSTAINABILITY INC.
Creating Self-Sustaining Communities

a 501c3 nonprofit organization

Farm to Table Cooperative Membership Sign-Up Form

The **Garden of Hope** invites you to become a member of its Farm to Table Co-op program.

You've been sponsored to receive 20 weeks of weekly produce packages. This ensures that fresh, healthy food reaches the tables of those residing in neighborhoods across the Greater Newark community.

The co-op operates on the principle of Community Supported Agriculture (CSA), a model which backs farm operations through community shareholders. This program aims to increase healthy food access throughout the Greater Newark community. Members receive fresh, locally grown produce packages on a weekly basis, enough to feed 2 to 4 people for a span of 20 weeks from June to October. Other benefits include cooking demonstrations, access to nutrition fact sheets, and interaction with the farmers among other offerings.

Thanks to a grant received in collaboration with the Rutgers Business School, **your membership fee has been waived!**

Through our community gardens and farm partners we provide access to fresh, healthy food for residents. We adhere to the following guiding principle:

- To nurture the growth of organic, sustainable urban farms/gardens, using organic or heirloom seeds, which comply with the organic material review institute (OMRI) recommended list of fertilizers and the use of integrated pest management (IPM);

Produce Offered Spring

Spinach, Salad Mix, Head Lettuce, Sugar Snap Peas, Kale, Chard, Collards, Broccoli, Strawberries, Basil, Mint, Cilantro, Rosemary, Microgreens (beet, cabbage, flax, kale, lettuce, radish & Swiss chard)

Summer

Tomatoes (3 varieties), Squash (butternut), Eggplants, Sweet and Hot Peppers, Zucchini, Cucumber, Garlic, Onions, Watermelon, Cantaloupe, Okra, Green Beans, Microgreens (beet, cabbage, flax, kale, lettuce, radish & Swiss chard)

Fall

Potatoes, Pumpkin, Kale, Chard, Collards, Broccoli, Cabbage, Microgreens (beet, cabbage, flax, kale, lettuce, radish & Swiss chard)

Drop-off/Pickup Information

Weekly pickups are scheduled on Saturdays based on the arrangements made between the sponsoring organization (Newark Science and Sustainability, Inc.) and the organization/person receiving the sponsorship. Weekly produce packages will either be picked up from or leave from the Garden of Hope, 3-7 Fairmount Avenue, (corner of Central Avenue), Newark, NJ 07107.

Saturdays: 1pm - 3pm



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Any additional deliveries made outside of this weekly schedule would have to be discussed and approved.

The produce package usually offers 7 categories where you are offered one item from each category.

Example of weekly produce package:

1st Choice: Pick 1 Pint of Sugar Snap Peas, Pick 1 Bunch of Collards, Pick 1 Stalk of Broccoli

2nd Choice: Pick 1 Head of Lettuce or Salad Mix

3rd Choice: Pick 1 Garlic Bulb

4th Choice: Pick 1 Bunch of Swiss Chard or 1 Bunch of Spinach

5th Choice: Pick 1 Head of Cabbage or Pick 1 Bunch of Kale

6th Choice: Pick 2 Bunches of Herbs (Lemon Balm, Rosemary, Mint, Basil, Cilantro)

7th Choice: Pick 1 Pint of Berries

First Name: _____ **Last Name:** _____

Street Address: _____

City: _____ **State:** _____

Zip: _____

Home: _____ ***Cell:** _____

Other: _____

***Email Address:** _____

Account status notifications and weekly updates are sent via email and/or text.

This completed form is due no later than June 1, 2024

Any questions should be directed to Tobias A. Fox, Managing Director & Program Coordinator, at info@sasglocal.com or 862.244.3519.



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I understand that I am making a commitment to the Garden of Hope and recognize that there is no guarantee on the exact composition of the produce types that I may select from. Successful growing relies on the weather. I will share in the risks of the growing season with my farmer(s).

Signature: _____ **Date:** _____
Member

We understand that we are making a commitment to the members of this Farm to Table Cooperative and commit to farming with the highest attention to quality, social responsibility, and sustainability. Garden of Hope takes pride in the use of organic practices when it comes to the care and cultivation of herbs and produce.

Signature: *Tobias A. Fox*
Farmer-Program Coordinator

Date: 2024 Season