







# A Citywide Garden Tour

### SUNDAY, SEPTEMBER 10

**Celebrating Our Agricultural Journey** 10am - 12pm *Receive a guided tour and learn about the Lincoln Park Community Garden's history.* 

Food Justice is Social Justice Opening Toast 1pm - 4pm Join us for the opening toast of Newark's Harvest: A Citywide Garden Tour, focusing on the theme Food Justice is Social Justice! Come together with like-minded individuals for a memorable afternoon filled with delicious food and inspiring conversations. RSVP is required. Register: tinyurl.com/newark-gardentour

Lincoln Park Community Garden, 46 W. Kinney St. **Contact:** Ted Lawton | ted.lawton@nyu.edu | cell: 646.407.0744 or Hashim Bennett | cell: 201.577.1405

### **Herbal Infusion**

10am - 12pm Learn how to make shelf-stable herb infused oils.

Giving One Tenth Community Garden, 715-717 So. 20th St. **Contact:** Charmaine La Fortune | givingonetenth@gmail.com | Cell: 646.701.9406 Greater Newark Conservancy, 32 Prince St. **Contact:** tobiasfox1@gmail.com | cell: 862.244.3519 | cell: 862.444.9148 | Abeni Ramsey | aramsey@citybloom.org







Activities for the Family and Children

4pm - 7pm Face painting, rock painting, and seed planting.

Tree House Cares & Friends Bloom & Veggie Garden, 23 Richelieu Place **Contact:** Tanya Veltz | cell: 973.393.3449

## MONDAY, SEPTEMBER 11

Making Rainbows and Sharing House Plants 10am - 12pm House Plants and Cuttings Give Away! Make your own rainbows and bubbles with your plants To-Go! **Community Green Development** Monday, Sept 11 thru Wednesday, Sept 13

Come witness and be a part of the transformation of the once Garden of Hope as it becomes a year-round community urban farm and agricultural hub. Guided tour and discussion led by Tobias A. Fox. **RSVP required by emailing tobiasfox1@gmail.com.** 

Newark Science and Sustainability, 7 Fairmount Avenue **Contact:** Tobias Fox | tobiasfox1@gmail.com | cell: 862.244.3519

Kinney Community Garden, 279 W. Kinney St. **Contact:** Barbara Weiland | bweiland74@gmail.com | cell: 862.444.9148

#### School Garden Spotlight

10am - 12pm

Come see students shine at this spotlight on garden-based education in Newark schools. Garden scavenger hunt, tastings and takeaways.

Michele Obama School, 186 14th Avenue Contact: Charmaine La Fortune | givingonetenth@gmail.com | cell: 646.701.9406 | Sarah O'Leary | soleary@citybloom.org | cell: 973.943.2065

### **TUESDAY, SEPTEMBER 12**

Making Rainbows and Sharing House Plants 10am - 12pm House Plants and Cuttings Give Away! Make your own rainbows and bubbles with your plants To-Go!

Kinney Community Garden, 279 W. Kinney St. **Contact:** Barbara Weiland | bweiland74@gmail.com | cell: 862.444.9148







### Louise A. Spencer School Garden Ribbon Cutting

10am - 12pm Join us in celebrating the official opening of our community schoolyard garden!

Louise A. Spencer Elementary School, 66 Muhammad Ali Ave **Contact:** bryanna.fogel@tpl.org

**Community Green Development** Monday, Sept 11 thru Wednesday,

### Exploring Wellness with Herbs and Essential Oils 1pm - 3pm A holistic approach to health and well-being through the exploration of herbal and essential oils.

The Zubi Garden, 179 So. 10th St. **Contact:** Dena Corbin | cell: 201.532.9650

### Nature Connections All Around 6pm – 7pm *Exploring the outdoors through the five senses.*

#### Sept 13

Come witness and be a part of the transformation of the once Garden of Hope as it becomes a year-round community urban farm and agricultural hub. Guided tour and discussion led by Tobias A. Fox. **RSVP required by emailing tobiasfox1@gmail.com.** 

Newark Science and Sustainability, 7 Fairmount Avenue **Contact:** Tobias Fox | tobiasfox1@gmail.com | cell: 862.244.3519 South Ward Strong Environmental and Wellness Space, 239 Hawthorne Ave. **Contact:** Dena Corbin | cell: 201.532.9650

### WEDNESDAY, SEPTEMBER 13

Making Rainbows and Sharing House Plants 10am – 12pm House Plants and Cuttings Give Away! Make your own rainbows and bubbles with your plants To-Go!

Kinney Community Garden, 279 W. Kinney St. **Contact:** Barbara Weiland | bweiland74@gmail.com | cell: 862.444.9148







#### A Day of Harvest & Service

11am - 1pm Come assist with harvesting fresh herbs and veggies as we supply our pantry for distribution. Also, engaged with the community around the benefits of healthy food access and urban gardens.

MLK Community Garden, corner of 8th St and Central Ave **Contact:** Trevor Cummings, Farmer / Program Manager: Dr. Michele Scott, Program Manager | cell: 973.493.8926 Making Native Plant Seed Balls 1pm - 3pm A gathering of seeds from native plant gardens throughout the city of Newark.

Garden of Life, 909 So. 18th St. **Contact:** Dena Corbin | cell: 201.532.9650

Medicinal Movement 6pm – 7pm *Movement in traditional, alternative, and modern medical practices for overall well-being.* 

**Community Green Development** Monday, Sept 11 thru Wednesday, Sept 13

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Newark Science and Sustainability, 7 Fairmount Avenue **Contact:** Tobias Fox | tobiasfox1@gmail.com | cell: 862.244.3519 239 Hawthorne AveContact: Dena Corbin | cell:201.532.9650

Tribe and Vibe Collection in partnership with Newark Water Coalition presents Indoor Sustainable Food Growing Program 6:30pm – 8:30pm Growing lettuce, kale & microgreens indoors year-round and distributed to food desert communities at zero cost to residents.

Newark Water Coalition, 373 South Orange Ave. **Contact:** Nathaniel Roots | hello@tribeandvibe.com | Instagram: @tribeandvibecollection







### THURSDAY, SEPTEMBER 14

Making Rainbows and Sharing House Plants 10am – 12pm House Plants and Cuttings Give Away! Make your own rainbows and bubbles with your plants To-Go!

Kinney Community Garden, 279 W. Kinney St. **Contact:** Barbara Weiland | bweiland74@gmail.com | cell: 862.444.9148 Community Garden CookOut : Garlic Bash & BBQ 3pm - 6pm Join Us for an Evening of Garlic Exploration around the grill. As one of the most powerful healing "foods" let's explore the ways garlic can be grown, harvested, and consumed. RSVP Here: www.steamurban.eventbrite.com

Greater Newark Conservancy, 32 Prince Street **Contact:** info@steamurban.org

Making Salves for Mosquito Bites & Skin Care 5pm - 7pm Join community herbalists Khadija Khansia, Jam of The Eve On, and Roxana Marroquin on a hands on, DIY Salve making workshop and discussion around plants from the garden that can be worked with to make medicine to soothe mosquito bites and for skin care. All materials for salve making will be included.

Flower Power: Creating Art Using Dried Flowers 1pm – 3pm Create bookmarks, picture frames, and more.

The People's Garden, 86 Garside St. **Contact:** Dena Corbin | cell: 201.532.9650

#### **Farm Stand**

11am – 3pm Stop by for fresh produce! The market accepts SNAP, WIC and SFMNP. Greenhouse tours will be available to anyone interested.

201 Lyons Ave. (outside the Osborne Terrace lobby entrance of Newark Beth Israel Medical Center.) **Contact:** 973.926.7371 (HOV) Healthy Havens Norwood, 69
Norwood St.
Contact: Roxana Marroquin |
RoxMarroquin@gmail.com







### FRIDAY, SEPTEMBER 15

How does your Garden Grow? Planting your raised bed garden safely 10am – 12pm Join us to learn about why it is important to test your vegetable or herb garden's soil and to learn about new research that students are working on at Rutgers University to find natural solutions to fertilizing your plants. We will also talk about building a raised bed garden and plant herbs in a demonstration planter to share with the community.

### Herbal Remedies for Spiritual Wellness

### 4pm - 7pm

Our indigenous culture and history has healed themselves through plants and connecting to nature since our existence. Join us for an exciting hands-on program to connect with our bodies, the natural elements around us, and add some of the healing remedies we offer to you into your daily lives. **RSVP Here:** ww.steamurban.eventbrite.com

A Healing Sanctuary, 179 Broadway

The Healing Garden, Price Institute, Rutgers-Newark, 49 Bleeker St **Contact:** priceinstitute@newark.rutgers.edu

Celebrating Hispanic Heritage Month in the Garden with Food & Herbs 2pm - 4:30pm In honor of Hispanic Heritage Month, we invite you to join us at the garden for nourishing foods from Latin America and a discussion about health, wellness and Latin American healing practices with herbs.

The Zubi Garden, 179 So. 10th St. **Contact:** Roxana Marroquin | RoxMarroquin@gmail.com **Contact:** info@steamurban.org

After Work Hours @ Growin' Folx Farm 4:30pm - 7:30pm Visit Growin' Folx, an urban farm with a strong focus on food production in the city for open hours and farm tours.

Growin' Folx, 124 Halsted St. @ Tremont St. **Contact:** 973.949.0720

Mix and Mingle 5pm - 7pm Join us as we get cozy around the firepit and talk about our garden experiences.

Giving One Tenth Community Garden, 715-717 So. 20th St. **Contact:** Charmaine La Fortune | givingonetenth@gmail.com | Cell: 646.701.9406







### **SATURDAY, SEPTEMBER 16**

**Saturday Morning Wellness & Garden** Club

8am - 11am

Discover the joy of gardening in our vibrant club! Connect with nature, nurture friendships, and let knowledge bloom in our Garden Oasis. **RSVP Here:** 

ww.steamurban.eventbrite.com

A Healing Sanctuary, 179 Broadway **Contact:** info@steamurban.org

**Newark Garden Tour & Community** Concert 11am - 3pm Community concert, cooking demo, and lots of fun activity as well as a bookbag giveaway. **RSVP Here:** ww.steamurban.eventbrite.com

Down Bottom Farms, 377-385 Ferry St. **Contact:** Chris Rodriguez <u>chrisrodriguez@ironboundcc.org</u> | cell: 904.962.3294

Squash & Shekere: Making Music in the Garden

Family Fun Saturdays (Bon Appetit: Farm to Table Experience) 11am - 1pm Join us during our Family Fun Saturdays in Partnership with Audible & Newark City Parks Foundation for a hands-on S.T.E.A.M Experience. This month's theme is Farm to Table for the Family. Learn how to make a healthy meal using an array of Mushrooms and fresh produce from our local growers. **RSVP Here:** ww.steamurban.eventbrite.com

Harriet Tubman Square, 1 Washington St **Contact:** info@steamurban.org

#### 11am – 1pm

Hosted by the internationally renowned Percussionist/Musician and educator, Ahmondylla Best, this gathering is open to participants of all ages who will decorate shekeres from dried gourds and learn about the instrument's African "roots" and "routes" through interactive song-making and performance with guest artists. Explore the versatility of squash as a locally grown, nourishing food and instrument used by celebrated musical artists. Leave with your own Shekere and butternut squash! Enjoy Free cooked foods, drinks, and other giveaways!

Giving One Tenth Community Garden, 715-717 So. 20th St. **Contact:** pamela@wheresyourtree.com WheresYourTree.com This event is funded by NewarkArtStart.org







#### **Vegetable Race Car Contest**

11:30am - 12:30pm / Race Begins at 1pm

Engineer, design, and enter your vegetable car in our First Vegetable Car Race. All vegetables and supplies will be provided but not limited to bringing your own.

Kinney Community Garden, 279 W. Kinney St. **Contact:** Barbara Weiland | bweiland74@gmail.com | cell: 862.444.9148

#### **Cultivating Minds**

Celebrating Our Agricultural Journey 3pm - 5pm Receive a guided tour and learn about the garden's history.

Lincoln Park Community Garden, 46 W. Kinney St. **Contact:** Ted Lawton | ted.lawton@nyu.edu | cell: 646.407.0744 or Hashim Bennett | cell: 201.577.1405

After Work Hours @ Growin' Folx Farm 4pm - 6pm Visit Growin' Folx, an urban farm with a strong focus on food production in the city

### 12pm - 2pm

Join us for a drumming class hosted by Chris Rodriguez! Chris is an educator, musician, writer, and practitioner of Puerto Rican bomba. Over the past five years, he has learned bomba drumming from groups such as Segunda Quimbamba in Jersey City and BombaYo in the Bronx. Chris's goal is to heal the community through art, ritual, education, and storytelling. We will also be distributing healing herbs, aromatherapy satchels, and healthy refreshments to share!

Rabbit Hole Farm, 36-38 Rose Terrace **Contact:** Tika Jagad | rabbitholefarm@gmail.com for open hours and farm tours.

Growin' Folx, 124 Halsted St @ Tremont St. **Contact:** 973.949.0720

Tribe and Vibe Collection in partnership with Newark Water Coalition presents Indoor Sustainable Food Growing Program 6:30pm - 8:30pm Growing lettuce, kale & microgreens indoors year-round and distributed to food desert communities at zero cost to residents.

Newark Water Coalition, 373 South Orange Ave. **Contact:** Ted Lawton | ted.lawton@nyu.edu | cell: 646.407.0744 or Hashim Bennett | cell: 201.577.1405







#### The Community Day: Fiesta Latina

12pm – 5pm A celebration of Hispanic Heritage Month! This lively event will feature an incredible lineup of Latino performers and artmaking activities that pay tribute to Hispanic culture. Don't miss this opportunity to immerse yourself in the vibrant rhythms, captivating dances, and rich traditions of Latin America. Come join us for a day filled with music, dance, art, and community as we celebrate the diversity and contributions of the Hispanic community.

The Alice Ransom Dreyfuss Memorial Garden, Newark Museum, 49 Washington St Free. Registration Required. https://newarkmuseumart.org/event/c ommunity-day-fiesta-latina-2/

#### **Performances by:**

- Willy Torres Orquestra Salsa Band
- DJ Gonzalo Silva
- Yeimy Castillo
- Mariachi Sol Mixteco
- Balcon Andino de Chunchi (Ecuadorian folklore dance group)
- Plena Bomba