



NEWARK
SCIENCE AND SUSTAINABILITY
Creating Self-Sustaining Communities

Newark Science and Sustainability, Inc.

“Creating Self-Sustaining Communities”

a 501c3 nonprofit organization

Farm to Table Cooperative Membership Sign-Up Form

The **Garden of Hope** invites you to become a member of its Farm to Table Cooperative program.

Members make an advance payment of \$395 and receive weekly fresh, locally grown produce packages, feeding 2 to 4 people for 20 weeks (June – October). Ask about the installment payment plan available. Members will also receive weekly recipes and nutrition tips for improving your health.

Through our community gardens we provide access to fresh, healthy food for local residents. We adhere to the following guiding principle:

- To nurture the growth of organic, sustainable urban farms/gardens, using organic or heirloom seeds and natural fertilizers.

Produce Offered Spring

Spinach, Salad Mix, Head Lettuce, Sugar Snap Peas, Kale, Chard, Collards, Broccoli, Strawberries, Basil, Mint, Cilantro, Rosemary, Microgreens (beet, cabbage, flax, kale, lettuce, radish & swiss chard)

Summer

Tomatoes (3 varieties), Squash (butternut), Eggplants, Sweet and Hot Peppers, Zucchini, Cucumber, Garlic, Onions, Watermelon, Cantaloupe, Okra, Green Beans, Microgreens (beet, cabbage, flax, kale, lettuce, radish & swiss chard)

Fall

Potatoes, Pumpkin, Kale, Chard, Collards, Broccoli, Cabbage, Microgreens (beet, cabbage, flax, kale, lettuce, radish & swiss chard)

Drop-off/Pickup Information

Weekly pickups are scheduled on Saturdays at the Garden of Hope, 7 Fairmount Avenue, Newark, NJ 07107

Saturdays: 1:00 p.m. - 3:00 p.m.

Deliveries are available in selected areas (Newark, East Newark, East Orange, Irvington, Elizabeth, Kearny, Hillside, Harrison). To have your produce package delivered a \$10 - \$15 transportation fee will be added for each delivery. Time and place must be specified for each delivery.



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The produce package usually offers 7 categories where you can pick one item from each category.

Example of weekly produce package:

1st Choice: Pick 1 Pint of Sugar Snap Peas, Pick 1 Bunch of Collards, Pick 1 Stalk of Broccoli

2nd Choice: Pick 1 Head of Lettuce or Salad Mix

3rd Choice: Pick 1 Garlic Bulb

4th Choice: Pick 1 Bunch of Swiss Chard or 1 Bunch of Spinach

5th Choice: Pick 1 Head of Cabbage or Pick 1 Bunch of Kale

6th Choice: Pick 2 Bunches of Herbs (Lemon Balm, Rosemary, Mint, Basil, Cilantro)

7th Choice: Pick 1 Pint of Strawberries

First Name: _____ **Last Name:** _____

Street Address: _____

City: _____ **State:** _____

Zip: _____

Home: _____ **Cell:** _____

Other: _____

***Email Address:** _____

Account status notifications and weekly updates are sent by email.

Payment Due by June 15, 2019

Payments should be made out to Newark Science and Sustainability, Inc. Please mail checks or money orders to P.O. Box 1038, Newark, NJ 07101.

To pay by PayPal please use glocal@sasglocal.com or visit our website www.sasglocal.com.



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I understand that I am making a commitment to the Garden of Hope recognize that there is no guarantee on the exact composition of the produce types that I may select from. Successful growing relies on the weather. I will share in the risks of the growing season with my farmer(s) and receive a discount from the market price of vegetables as a reward.

Signature: _____ **Date:** _____
Member

We understand that we are making a commitment to the members of this Farm to Table Cooperative and commit farming with the highest attention to quality, social responsibility and sustainability. Garden of Hope takes pride in the use of organic practices when it comes to the care and cultivation of herbs and produce.

Signature: Tobias A. Fox **Date:** 2019 Season
Farmer